

JROTC Rappelling

Cypress Lake JROTC conducts rappel training and rappelling twice a year during the winter and spring terms. We schedule rappelling as an alternate event for students. Rappelling builds teamwork, confidence, motivations, and physical fitness. Students receive in-class instruction and then are provided with several opportunities to get hands-on experience by rappelling from a small platform before moving to the tower. All equipment is provided by the army JROTC department and instruction by the cadre.



An Instructor is on the tower guiding cadets down.





Looks like we forgot our lesson on how to rappel but we are still secure and safe.

That's JROTC Rappelling!