

**Cypress Lake High School Junior Reserve Officer Training Corps Raider Team is unlike any other team. The Raiders travel all around the United States competing against other teams. Once a year, the Raiders have local, state and national level competition. The team has improved a great deal**

**Competitions last about 4 to 6 hours and consist of several events. Waking up early in the morning, the first event is the rope bridge, cross country rescue, raider fitness, tire flip and 5k run. All events are timed and all cadets wear a modified Army Combat Uniform and combat boots.**

**One has to be physically and mentally tough to go through all these events. The benefits a high school student can receive are far more than just winning competitions. Being on the Raider Team teaches a student how to have teamwork, rely on each other, and teaches one to never quit. Raiders pride themselves in what they do and always strive to be better cadets and to keep improving to be the best person they can be.**

**Go Raiders!**

**Raider Competition 29 October 2016**



**Raider Team plus coach SGM Bennett**



**4 mile Litter Carry**





**Team Rope Bridge**



**Team 5K Run**

